Hoyer Lift

Patient/Caregiver Instruction Material

The purpose of a patient lift is to enable one person to lift and move a patient safely with as little physical effort as possible. This type of patient lift facilitates bed transfers, wheelchair transfers, toilet transfers, and floor transfers.

Operating Instructions

Lifting a Patient from a Bed

- Stand beside the bed, place the bed rails in the up and locked position, and lift the patient's opposite foot and leg up and across the nearer foot and leg
- Carefully roll the patient toward you onto his or her side.
- Place the seat or sling lengthwise on the bed behind the patient with the lower edge of the sling positioned just below the knees. The half of the sling nearest the patient's back should then be folded in an "S" or accordion configuration, and the opposite half extended flat on the bed.
- Carefully roll the patient onto his back. Slip your hands under the patient and pull the folded part of the sling out to a position centered under the patient Positioning the sling behind the patient will enable you to have the sling properly centered when the patient is rolled onto his back.
- If the patient is in a hospital bed it should now be adjusted to the Fowler Position. Elevate the foot of the bed to flex the patient's knees, and then elevate the head of the bed. If the patient is in a home bed, instruct the patient to either flex their knees or place a pillow under the knees to support them in a flexed position.
- Bring the lift into position with the base under the side of the bed. Then lower the lift arm over the patient by opening the hydraulic release valve and pressing down on the lift arm.
- Insert the open "S" hooks of the shorter portion of the chains into the holes in the back (top). Insert the open "S" hooks of the longer part of the chains into the holes in the seat (bottom). The "S" hooks should be inserted all the way into the holes in the sling from the inside so that the ends of the hooks are **away** from the patient.
- Insert the closed "S" hooks of the chains into the ends of the swivel bar. Check to see that the hooks are seated fully into the swivel bar.

- Close the hydraulic release valve and pump the hydraulic handle. The sling will automatically lift the patient into a sitting position. The bed side rail on the side from which the transfer will take place can now be safely lowered. The patient may need your assistance when lifting him from a home bed. If this is the case, place your hand behind his head and lift until he reaches a sitting position.
- When the patient has been lifted until the buttocks are clear of the bed, grasp the patient's legs and turn him until he is facing the lift mast and his legs are off the side of the bed. Move the lift away from the bed.
- When returning a patient to the bed, simply reverse the procedure.

Please review the user manual provided for more detailed instructions regarding your new equipment
or contact our office. Thank you.